

# SWEET POTATO AND HASH EGG MUFFIN CUPS

## INGREDIENTS:

- x 1 small sweet potato ~~grated~~ (~1/2 cup grated)
- x 1/4 cup shredded cheddar cheese
- x 1/2 tablespoon garlic powder
- x 8 large eggs
- x salt and pepper to taste

## DIRECTIONS:

1. Preheat oven to 375°F and spray a muffin tin with cooking spray so clean up is easy!
- 2.